

Release Waiver

I know that running a road race is a potentially hazardous activity.

I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, the conditions of the road and traffic on the course, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I for myself and anyone entitled to act on my behalf, waive and release the City of Mount Vernon, County of Skagit, Mount Vernon Christian School, Skagit Runners, Skagit Running Company, Road Runners Club of America, all sponsors and contributors, volunteers, their representatives and successors from claims or liabilities of any kind arising out of my participation in this event even though the liability may rise out of negligence or carelessness on the part of the persons named in this waiver.

I grant my permission to all of the foregoing to use photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

I also understand that my entry fee is nonrefundable.

I understand that this event is RRCA-sanctioned and that bicycles, skateboards, baby joggers or strollers, roller skates or blades, headsets, and animals are not allowed in the race, and I will abide by these guidelines.

A parent's signature is required if entrant is under 18 years of age. This is to certify that my child has the permission to compete in this event, is in good physical condition, and the event officials may authorize necessary emergency medical treatment.

Signed: _____
(If under 18, parental signature required)

Date: _____

Presented By



Directions to Event

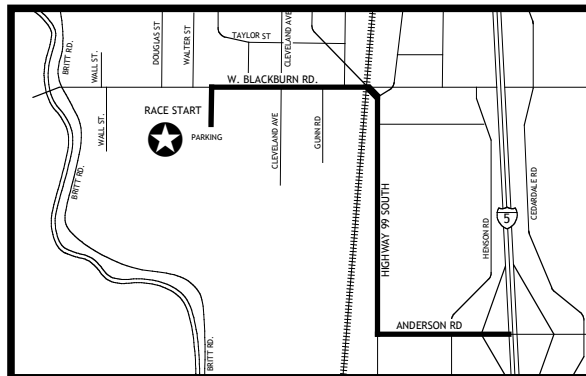
Event Location:

820 W. Blackburn Road
Mount Vernon WA

Take I-5 exit 225 (Anderson Road) and head west.

Turn north onto Old Highway 99 S.

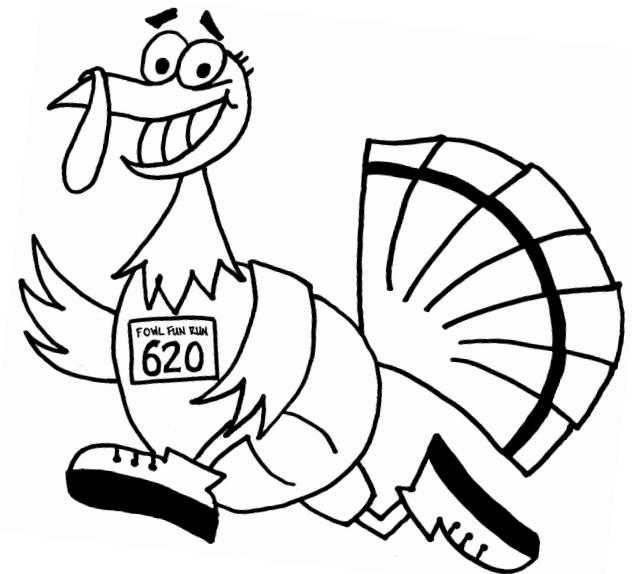
Turn west onto Blackburn and proceed to Mount Vernon Christian School



www.skagitrunters.org

38th Annual Fowl Fun Run

10K Run & 5K Run/Walk



November 12, 2016

Mount Vernon
Washington

USATF-certified courses

38th Annual Fowl Fun Run

Presented by:



Saturday, November 12, 2016 10:00 a.m.

Mount Vernon Christian School - Mount Vernon, Washington

Race Details:

<http://fowlfunrun.skagitrunners.org>

General Description:

Flat, fast, USATF-certified courses through the Skagit Valley. Race start and finish is at Mount Vernon Christian School (820 W. Blackburn Road, Mount Vernon). The routes will be clearly marked and monitors will be at intersections. Due to course restrictions, participants must finish within two hours.

Pre-registration:

- Online at www.databarevents.com until noon November 11, 2016.
- Mail this form to Skagit Running Company - Fowl Fun Run 724 S. First Street Mount Vernon WA 98273. Mailed entries must be postmarked by November 7, 2016.
- In person at Skagit Running Company until 1:00 PM November 11, 2016.

Day of Race Registration:

Located at Mount Vernon Christian School from 8:15 AM to 9:30 AM, November 12, 2016.

Results:

Results will be posted as soon as they are available at the finish line. Complete results will be posted online at <http://fowlfunrun.skagitrunners.org>.

T-Shirts:

T-Shirts are unisex, high tech with long sleeves. Sizes available are Small, Medium, Large & X-Large. A limited quantity of shirts may be available for purchase on race day for \$15.00.

Questions:

Call Skagit Running Company at (360) 982-2934 or visit www.skagitrunners.org.

Application

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Sex (M/F): _____ DOB: _____

Age on 11/12/16: _____

Event Distance (Circle One):

5K

10K

Event Fees:

Pre-registered with shirt*: \$30 \$ _____

Pre-registered, no shirt*: \$15 \$ _____

Day of race (no shirt): \$20 \$ _____

Shirt on race day**: \$15 \$ _____

Youth - ages 12 & under (no shirt): Free

Free Adults 70 & above (no shirt): Free

Total Enclosed: \$ _____

Shirt size (Circle One):

S

M

L

XL

Mail or bring in person to:

Skagit Running Company - Fowl Fun Run
724 S. First Street, Mount Vernon WA 98273

**Mailed applications must be postmarked by 11/7/16. In person pre-registration is available at Skagit Running Company until 1:00 PM on 11/11/16.*

***A limited quantity of shirts may be available for purchase on race day.*

Participants must read and sign
the Release Waiver on reverse side.